



ORIENTEERING 2010 Borlänge Sweden

July 19-23
17 th World University
Championship

WUOC 2010
P.O. Box 98
S-781 21 Borlänge
Sweden

Phone (00)46 24 36 80 26
Fax (00)46 24 38 66 00
e-mail: info@wuoc2010.se



Invitation to WUOC Tour

Public orienteering events in conjunction with World University
Orienteering Championship

Borlänge, Sweden
20-22 of July 2010

NB! It will not be allowed to start at the Sprint in shoes with spikes or metal studs!

The WUOC Tour is a 3-day public orienteering event organized in conjunction with WUOC 2010. All races will be held in the same terrain and with the maps that are used in the WUOC competitions. Challenging courses will be offered in terrain typical for the area. Parts of the courses will use the same legs as the WUOC courses.

The same competition arenas as WUOC will be used. The regional sprint Championships of Dalarna will be organized in conjunction with the sprint competition. Everyone will have the possibility to be a spectator at all WUOC races and thereafter participate in the WUOC Tour. We sincerely hope that lots of people come to visit Borlänge and Dalarna to run three fantastic challenging competitions; to cheer on WUOC-runners; and to complete their final preparations for O-Ringen that starts a few days later in nearby Örebro.

Welcome Orienteers!

Program

WUOC-tour

20 July Long Gyllbergen
21 July Sprint Borlänge city
22 July Middle Gustafs
23 July No WUOC-tour

WUOC

Long
Sprint
Middle
Relay (Gustafs)





Stora Tuna OK invites you to

WUOC-tour Day 1

Long distance in Gyllbergen 20th July 2010

District competition with individual start



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Championship

Student champs start at 09:30
- the last starters finishing
14.00-14.30

Classes and course lengths

Class	Length	Scale	Class	Length	Scale
H14	4.0	1:10 000	D14	3.5	1:10 000
H16	5.0	1:15 000	D16	4.0	1:15 000
H18	6.5	1:15 000	D18	4.5	1:15 000
H20	7.0	1:15 000	D20	4.5	1:15 000
H21	8.0	1:15 000	D21	5.0	1:15 000
H40	6.5	1:10 000	D40	4.0	1:10 000
H50	5.5	1:10 000	D50	3.5	1:10 000
H60	4.5	1:10 000	D60	3.5	1:10 000
H70	4.0	1:10 000	D70	2.5	1:10 000
Open 4	3.0	1:10 000			
Open 5	4.0	1:10 000			
Open 6	5.5	1:10 000			
Open 7	3.0	1:10 000			
Open 8	5.0	1:10 000			
Open 9	7.0	1:15 000			
Open 10	12.0	1:15 000	Using parts of WUOC course		

H=men D=women. Due to the difficulty of the terrain, we can only offer courses from HD14 and older.

Map

Digital printed in scale 1:10 000 or 1:15 000, contour interval 5 meters.

Surveyed and drawn 2009-2010 by Erik Sundberg.

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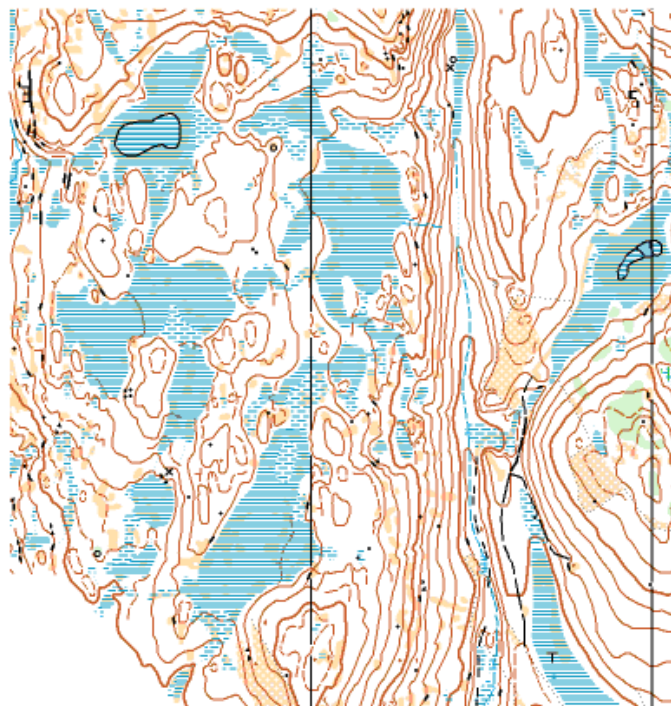


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Map sample.

Embargoed area

Please note that special rules apply for WUOC participants and those persons associated to these participants. More information can be found here: www.wuoc2010.se/Home/EmbargoedAreas.

Terrain description

Hilly terrain with a height difference of 20-60 meters. Small contour details in some areas. The vegetation is mixed pine and fir forest. Blueberry bushes and heather up to a height of 0.4 meters in parts of the forest. Almost no felled or green areas. The ground is mostly soft due to moss and other ground vegetation in the forest. Some areas with bare rock. Marshes can be very soft in wet conditions. Visibility varies from good to very good. Almost no roads or paths

Entry and fees

Entries close Friday 9 July 23:59 (Central European time). Late entries will be accepted until Friday 16 July 23:59. After this date it is only possible to enter the Open classes.

Entry can be made via Eventor <http://eventor.orientering.se> Adults: 90 kr and children up to 16: 50 kr. Those participants who are not members of a Swedish club must pay their entry fee before they can start, by either of three ways:

1) Pay via VISA/Master-card or Scandinavian direct bank transfer before 14th July



- 2) Pay via ordinary bank transfer before 14th July
- 3) Pay in cash at competition center before your first race

More information on payment can be found here: www.wuoc2010.se.

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On the day entries

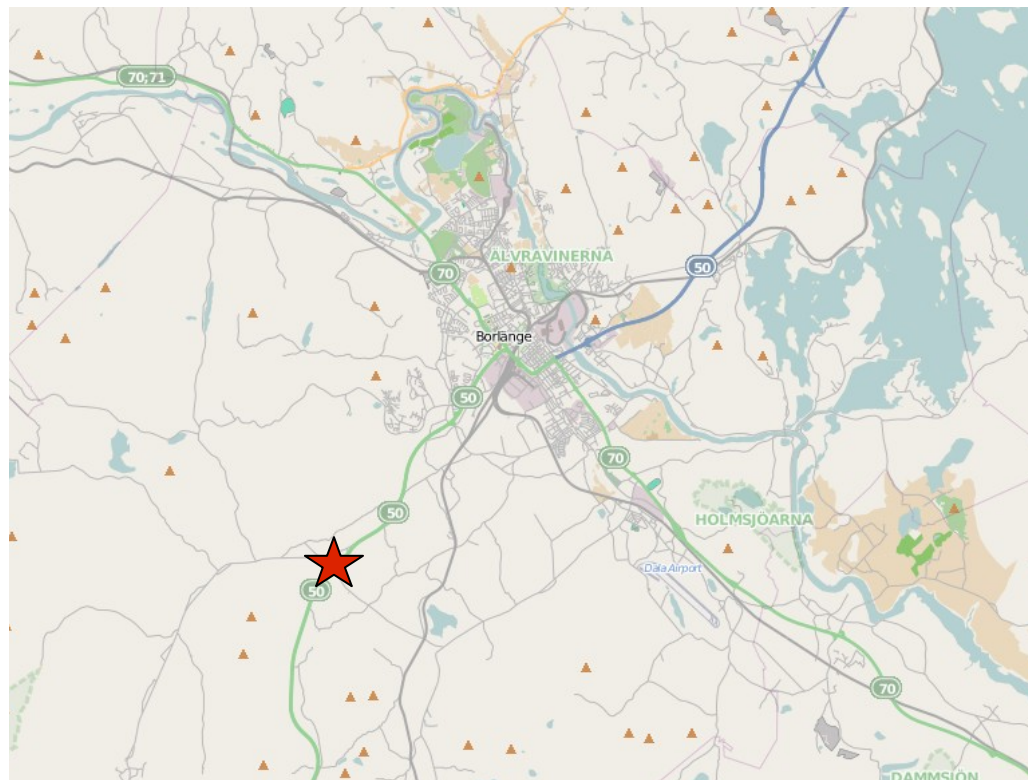
It is possible to enter to Open courses during the competition day between 15:30 and 16:30. Start is possible between 15:30 and 16:30. Runners from non-Swedish clubs must pay in cash in Euro or SEK.

Control punching system

Sport-Ident, please submit your Sport-Ident number when entering. Rental card costs 30 SEK or 3 €. Those participants who are not members of a Swedish club must pay their rental fee before they can start.

Race location

Signposted from highway 50 at the Idkerberg junction 8km southwest of Borlänge near the village of Floda. Thereafter 11 km to the parking.



Distances

From the parking to arena it is 1000 metres max; from arena to start 1500 meters max.



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Traffic

Parking of caravans at the competition car-park is not permitted before or during the race. More details regarding this and other traffic information will be published here at a later date: www.wuoc2010.se.

First start

First start will be at 15:30. Late entries will be allocated "Vacant" places in the start list.

Please come early to the race, firstly to watch the exciting finale to the WUOC race; and secondly due to limited vehicle access to the parking area. Access to the parking will be limited and difficult after 14:00.

The start list will be published here www.wuoc2010.se by the 18th July as well as in the competition arena.

Results will be published in the arena and on www.wuoc2010.se.

Crèche

For children older than 2 years, 20 kr.

Showers

No showers will be available.

Prizes

Prizes will be awarded randomly.

Catering

A simple catering service will be available.

Sports shops

A sports shop will be in attendance, SM Sport <http://www.smsport.nu>.

Accommodation

Accommodation possibilities can be found through inquiries to the Falun-Borlänge's tourist information centre: www.visitfalunborlange.se.

Organisation

Competition Leader: Johan Alfredsson

Information and assistant Competition Leader: Sture Sjödin
sture.sjodin@telia.com +46 70-366 42 71

Course Planner: Thomas Norgren

Invitation WUOC-tour

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Course Controller: Mattias Mårts
Competition Controller: Robert Östlund, Säterbygdens OK
Information: www.wuoc2010.se

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Domnarvets Golf invites you to: **Dalarnas Sprint-DM** **WUOC-tour Day 2**



Sprint in Borlänge 21st July 2010

District Championships open to everyone, individual start

Student-VM finale
between 15.30 and
17.30

Classes

Class	class
H10	D10
H12	D12
H14	D14
H16	D16
H18	D18
H20	D20
H21	D21
H35	D35
H40	D40
H45	D45
H50	D50
H55	D55
H60	D60
H65	D65
H70	D70
H75	D75
H80	D80
Open 1	INSKOLNING (Novice)
Open 2	U1
Open 4	U2
Open 5	U3
Open 7	U4
Open 8	

H=men D=women. All courses have an estimated winning time of 12-15 minutes.



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Entry & Fees

Entry is open for participants from other districts than Dalarna, but only Dalarna club's club members can become District Champion.

Entries close Friday 9 July 23:59 (Central European time). Late entries will be accepted until Friday 16 July 23:59. After this date it is only possible to enter the Open classes.

Entry can be made via Eventor <http://eventor.orientering.se> Adults: 90 kr and children up to 16: 50 kr. Those participants who are not members of a Swedish club must pay their entry fee before they can start by either of three ways:

- 1) Pay via VISA/Master-card or Scandinaivan direct bank transfer before 14th July
- 2) Pay via ordinary bank tranfer before 14th July
- 3) Pay in cash at competition center before your first race

More information on payment can be found here: www.wuoc2010.se.

On the day entries

It is possible to enter to Open courses and NOVICE (inskolning) and U1-U4 during the competition day between 17:30 and 19:00. Start is possible between 18:30 and 20:00. Runners from non-Swedish clubs must pay in cash in Euro or SEK.

Control punching system

Sport-Ident, please submit your Sport-Ident number when entering. Rental card costs 30 SEK or 3 €. Those participants who are not members of a Swedish club must pay their rental fee before they can start.





Race location

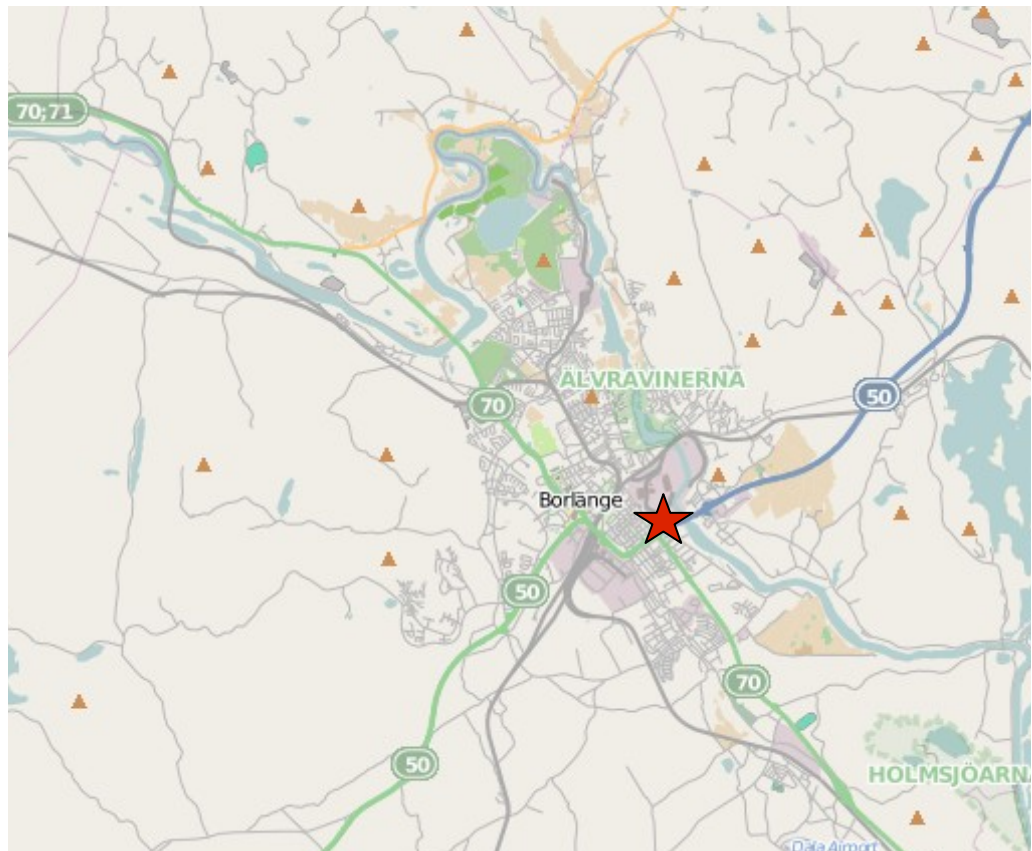
Signposted from the Gråda roundabout southeast of Borlänge on highway 70/50. Thereafter 2 km to the parking.

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Traffic

Parking of caravans at the competition car-park is not permitted before or during the race. More details regarding this and other traffic information will be published here at a later date: www.wuoc2010.se.

Distances

From the parking to arena it is 600 metres max; from arena to start 1000 meters max.

First start

First start will be at 18:30. Late entries will be allocated "Vacant" places in the start list.

Please come early to the race, firstly to watch the exciting finale to the WUOC sprint race between 15:30 and 17:30.

The start list will be published here www.wuoc2010.se and www.domnarvet.com by the 18th July as well as in the competition arena.

Results will be published in the arena and on both www.wuoc2010.se



and www.domnarvet.com.

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Terrain

Mostly flat but some parts with steep slopes. The vegetation is a mix of urban areas, parks and farming fields. A well developed network of city roads and paved bicycle paths traverses the area. Mostly firm and dry ground but steeper parts may be slippery in wet conditions. Very good visibility.

Map

Digitally printed map with scale 1:4000, contour interval 2.5 meters. Newly drawn by Claes Nideborn, 2009-2010 following the sprint standard. Sample below:



Showers

Inside showers will be available at a distance of up to 800m from the arena. Follow the specified tapes.

Crèche

For children older than 2 years, 20 kr.

Accommodation

Accommodation possibilities can be found through inquiries to the Falun-Borlänge's tourist information centre: www.visitfalunborlange.se.





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Prizes

District Championships medal till 1st, 2nd, 3rd, children, junior and senior classes.

District Championships medal till 1st place in classes H/D-35 and older.

Prizes will be awarded in the children's classes.

Organisation

Competition Leader: Karin Elfving, elfving.karin@gmail.com, +46 70-639 7423

Assistant Competition Leader: Eva Elfving, elfvingeva@hotmail.com, +46 070-315 4742

Course Planner: Lina Bäckström and Eva Jurenikova

Course Controller: Pavlo Ushkvarok

Competition Controller: Erik Sundberg

Press: vacant

Information: www.wuoc2010.se and www.domnarvet.com.

Catering

A simple catering service will be available.

Sports shops

A sports shop will be in attendance, SM Sport <http://www.smsport.nu>.

Embargoed area

Please note that special rules apply for WUOC participants and those persons associated to these participants. More information can be found here: www.wuoc2010.se/Home/EmbargoedAreas.

Clothing

Swedish Orienteering Competition rules apply. However this is no requirement for full body cover. (Exception to rule: TR 7.3.1.).

NB! Due to local city regulations runners will **not be allowed** to start at the WUOC Sprint or WUOC Tour Sprint **in shoes with spikes or metal studs**.

String course

A small children's course will be available near to the arena.





Stora Tuna OK invites you to

WUOC-tour Day 3Middle distance in Gustafs 22nd July 2010
National competition with individual start**ORIENTEERING 2010**
Borlänge SwedenJuly 19-23
17 th World University
Championship

**Student champs start at
10:00
- the last starters finishing
13.45-14.15**

Classes and course lengths

Class	Length	Class	Length
H10	2.0	D10	2.0
H12	2.5	D12	2.5
H14	3.0	D14	2.5
H16	3.5	D16	3.0
H18	3.5	D18	3.0
H20	4.0	D20	3.0
H21	4.5	D21	3.5
H35	4.0	D35	3.0
H40	3.5	D40	3.0
H45	3.5	D45	2.5
H50	3.0	D50	2.5
H55	3.0	D55	2.0
H60	2.5	D60	2.0
H65	2.5	D65	2.0
H70	2.5	D70	2.0
H75	2.0	D75	2.0
Open 1	2.5	INSKOLNING (NOVICE)	2.0
Open 2	3.5		
Open 4	3.0	U1	2.0
Open 5	4.0	U2	2.0
Open 7	3.0	U3	2.5
Open 8	5.0	U4	2.5
Open WUOC men	4.9		
Open WUOC women	3.8		

H= Men, D = Women

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Entry & Fees

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Entry can be made via Eventor <http://eventor.orientering.se> Adults: 90 kr and children up to 16: 50 kr. Those participants who are not members of a Swedish club must pay their entry fee before they can start by either of three ways:

- 1) Pay via VISA/Master-card or Scandinavian direct bank transfer before 14th July
- 2) Pay via ordinary bank transfer before 14th July
- 3) Pay in cash at competition center before your first race

More information on payment can be found here: www.wuoc2010.se.

On the day entries

It is possible to enter to Open courses and NOVICE (inskolning) and U1-U4 during the competition day between 14:00 and 15:30. Start is possible between 15:30 and 16:30. Runners from non-Swedish clubs must pay in cash in Euro or SEK.

Control punching system

Sport-Ident, please submit your Sport-Ident number when entering. Rental card costs 30 SEK or 3 €. Those participants who are not members of a Swedish club must pay their rental fee before they can start.





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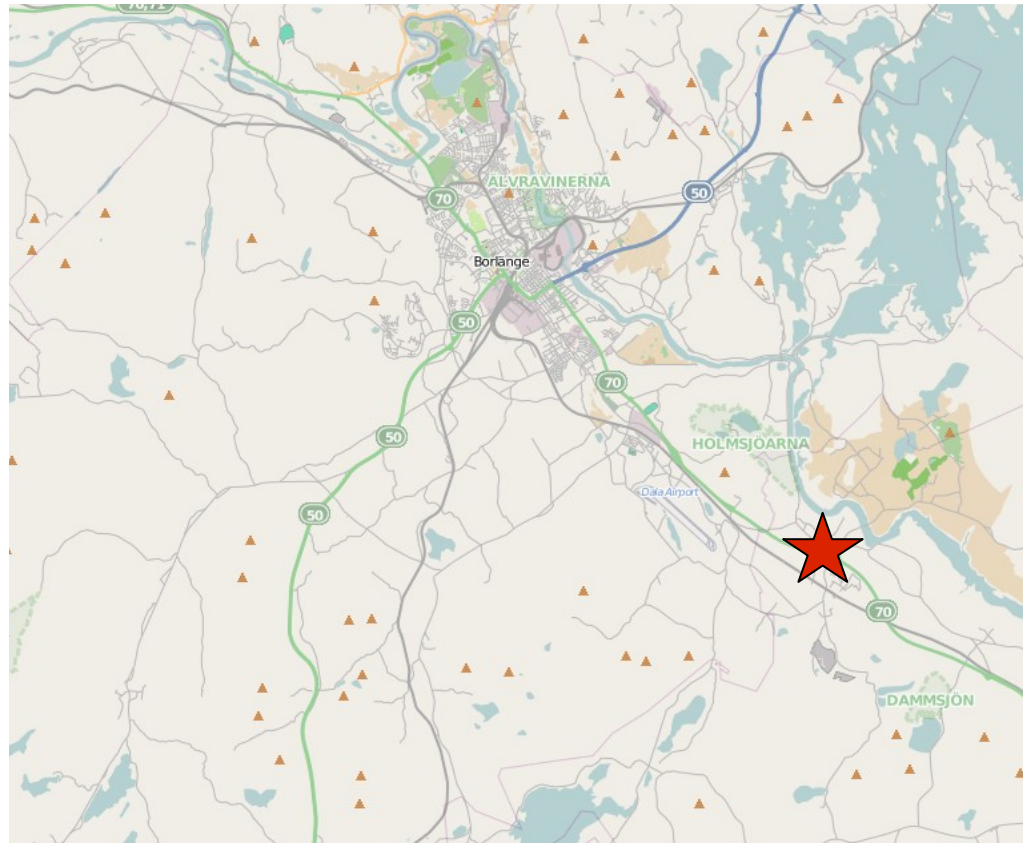
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Race location

Signposted from the motorway junction Gustafs 12 km southeast of Borlänge on highway 70. Thereafter 5 km to the parking.



Traffic

Parking of caravans at the competition car-park is not permitted before or during the race. More details regarding this and other traffic information will be published here at a later date: www.wuoc2010.se.

Distances

From the parking to arena it is 500 metres max; from arena to start 150 meters max.

Open WUOC courses

Note that the distance from start to time start for the Open WUOC Mens/Womens courses will be published in the arena.





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First start

First start will be at 15:30. Late entries will be allocated "Vacant" places in the start list.

Please come early to the race, firstly to watch the exciting finale to the WUOC sprint race between 13:45 and 14:15 (first start 10:00); and secondly due to limited vehicle access to the parking area.

The start list will be published here www.wuoc2010.se by the 18th July as well as in the competition arena.

Results will be published in the arena and on www.wuoc2010.se.

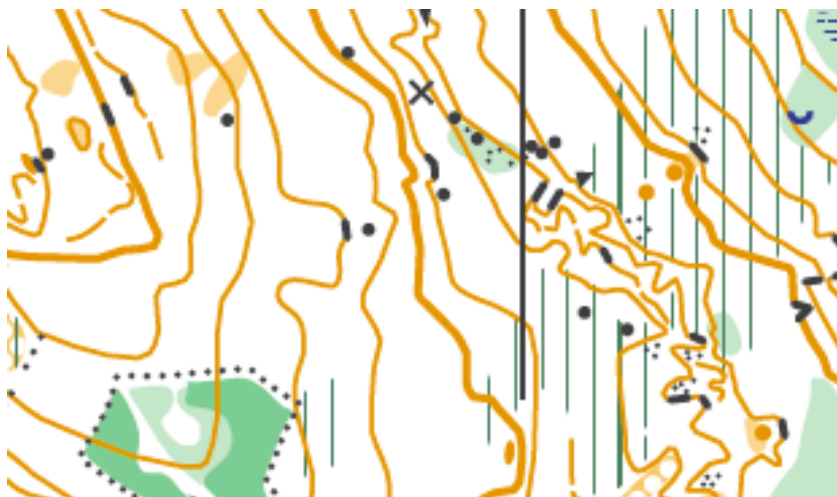
Terrain

Moderately hilly terrain with a height difference in the range of 20-55 meters. Small contour details in some areas. Mixed pine and fir forest with some felled areas. Some areas with bushes and small trees due to older felling. Visibility good but limited in dense areas. There are areas with few paths and roads; as well as areas with a well developed network of paths and forest roads.

Map

Digitally printed map with scale 1:10 000, contour interval 5 meters.

Surveyed and drawn 2009-2010 by Karl Johansson. Sample below:



Embargoed area

Please note that special rules apply for WUOC participants and those persons associated to these participants. More information can be found here: www.wuoc2010.se/Home/EmbargoedAreas. It is however allowed to run in the embargoed area as a competitor during this competition and to visit competition area without breaching the embargo in place for the WUOC relay (on the following day).



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Showers

Outside showers will be available.

Crèche

For children older than 2 years, 20 kr.

String course

A small children's course will be available near to the crèche.

Catering

A simple catering service will be available.

Sports shops

A sports shop will be in attendance, SM Sport <http://www.smsport.nu>.

Accommodation

Accommodation possibilities can be found through inquiries to the Falun-Borlänge's tourist information centre: www.visitfalunborlange.se.

Prizes

Prizes will be awarded in Inskolning (Novice), U and HD10-HD16. In other classes prizes will be awarded randomly.

Organisation

Competition Leader: Sven Lundbäck sven.lundback@gmail.com
+46 76-578 4200

Information and Assistant Competition Leader: Sture Sjodin
sture.sjodin@telia.com +46 70-366 42 71

Course Planner: Jesper Mårtensson

Course Controller: Leif Gustafsson, Säterbygdens OK

Competition Controller: Leif Gustafsson, Säterbygdens OK

Information: www.wuoc2010.se.

